

Danish Nutrition Society

Great Grains & Cereal Consumption

Venue: Auditorium 1.01, Bülowsvej 17, 1870 Frederiksberg C

8.30-9.00: Coffee / Tea

9.00-9.10: Welcome

(by Mette Kristensen, Assoc. Professor, PhD, University of Copenhagen)

9.10-10.30: Wholegrain intake and availability

Chair: Morten Georg Jensen

Rikke Neess, Danish Whole Grain Partnership (15+10) (confirmed)

Availability of wholegrain foods in Denmark – effects of the Wholegrain Campaign

Heddie Mejborn, Senior advisor, PhD, DTU (15+10) (confirmed)

Updated Wholegrain intake data in Denmark

Sinead Hopkins, PhD, CPW (20+10) (confirmed)

Wholegrain intake across the World

10.30-11.00 Coffee / Tea

11.00-12.00: Wholegrain and gut health

Chair: Kamille Almer

Mette Kristensen, Assoc. Professor, PhD, University of Copenhagen (20+10) (confirmed)

Wholegrain and gut microbiota health – what do we know?

Pi Aabech, MSc, University of Copenhagen (20+10) (confirmed)

Effect of whole grain on gut related outcomes (3G study)

12.00-13.00 Lunch

13.00-14.30 Wholegrain and metabolic health

Chair: Morten Georg Jensen

Chris Seal, Professor, Newcastle University (25+10) (confirmed)

Overview – whole grain and cardiovascular health – where do we stand?

Mads Vendelbo Lind, PhD, University of Copenhagen (15+10) (confirmed)

Whole grains, 1-carbon metabolism and health

Sabine Ibrügger, PhD, University of Copenhagen (20+10) (confirmed)

Whole grains and appetite regulation – short and long term effects (3G study)

14.30-15.00 Coffee/Tea

15.00-16.30 Gluten tolerance in healthy and diseased individuals

Chair: Mette Kristensen

Luud Gilissen, Dr., Wageningen UR (20+10) (confirmed)

Gluten, celiac disease and non-celiac cereal sensitivity, an overview

Fred Brouns, Professor, PhD, Maastricht University (20+10) (confirmed)

Benefits from avoidance of wheat / gluten – what do we know?

Rikke Gøbel, PhD, Novo Nordisk (20+10) (confirmed)

Effect of gluten on gut health in healthy individuals (3G study)

Registration online: <http://sfe.mono.net/>

Registration fees: 350 DKK / 50€ for non-members
 225 DKK / 30€ for HGF members
 75 DKK / 10 € for members of the Danish Nutrition Society

Deadline for registration is November 5th 2014.